



South Thornlie Primary School

20 Ovens Road, Thornlie WA 6108 | (08) 9232 3600

Finalist - WA Education Award 2022 | Australian Education Awards 2023 | Susan Ryan Family Engagement 2023



Souththornlieps



South Thornlie Primary School




www.souththornlieps.wa.edu.au

Newsletter: Term 1, Week 3

Friday, 16 February 2024

Term 4 Planner

WK	Monday	Tuesday	Wednesday	Thursday	Friday
4	19 FEB	20 FEB IMSS Flute lesson Y5 9.30-10am Y6 10-10.30am School Board Meeting 2.45-4.15pm - Library	21 FEB Senior Choir Practice 8-8.20am Principal's Morning Tea Lego Club 2.30-3.30pm Community Room	22 FEB Ukulele Group 8-8.20am IMSS Brass Lesson Y5 1.30-2pm Y6 2-2.30pm	23 FEB C4 Assembly 8.30am & Year 6 Aussie of the Month Student Leaders' afternoon orientation session IMSS Guitar Lesson Y5 9.50-10.20am Y6 10.50-11.20am
5	26 FEB 	27 FEB IMSS Flute lesson Y5 9.30-10am Y6 10-10.30am Y3&4 Junior Robotics Club 2.30-3.45pm Science Room	28 FEB Senior Choir Practice 8- 8.20am	29 FEB Ukulele Group 8-8.20am ISMS Brass Lesson Y5 1.30-2pm Y6 2-2.30pm	1 MAR STPS Talent Show A Block Auditions IMSS Guitar Lesson Y5 9.50-10.20am Y6 10.50-11.20am

Principal's Message

Dear parents and caregivers, welcome to the week 3 newsletter edition. We are well into term 1 and students have settled into their classes wonderfully and are making a great start to their learning journey for 2024. This term will be a short one with only nine weeks, but is promising to be a busy one!

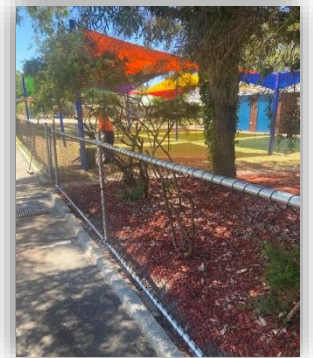
Parent / Teacher Interviews – Save the date

Parent and teacher interviews will be held on Wednesday, 27 March 2024 (week 9). Please note that school will conclude at 11.30am this day. More information will be provided in the coming weeks.

School Improvements

We are always looking for ways to improve our school for students, staff and the wider community. Over the school holidays, you would have noticed that our gardener, Mr Turner, was hard at work. We now have a new fence at the side of A Block which replaced the overgrown shrubs and both undercover area roller doors were power washed. These have come up a treat. A big thanks to John Turner for maintaining our school so well! To view our school improvements, visit our website by clicking on the link below.

<https://www.souththornlieps.wa.edu.au/school-improvements>



Thank You Woolworths



I would like to extend a big thank you to Paul and his team at Woolworths Forest Lakes for continuing their support in providing our school with free fruit for students. We collect a small amount of fruit each fortnight for students who need it, this also supports our Crunch&Sip initiative. As this fruit is donated, we still ask families to send extra fruit or vegetables for their child to eat at their classes designated Crunch&Sip time. More information about Crunch&Sip can be found on page #2 of this newsletter.

Values

Our week 2 raffle winner was Quade W from B5. Well done!

Megan Barnett
Principal



Week 2 Honour Certificates Awarded – Well done!

ECC1	Shane H	Sofia M	B2	Ian S	Elizabeth T
ECC2	Willa M	Hayden E	B3	Declan G	Nate V
A1	Henry W	Lyn J	B4	Alison C	Achol A
A3	Ella C	Harvey H	B5	Ethan R	Leon C
A4	Sloane F	Harrison J	C2	Soraya V	Harvey V
A5	Maylani W	Kelani T	C3	Mason G	Marlee B
A6	Lilly C	Kiaan P	C4	Mylee F	Aiden R
B1	Kash M	Jayden G	C5	Jackson P	Kaia T

ACHIEVING EXCELLENCE TOGETHER

Former South Thornlie Primary School student Mitch Wishnowsky represented the San Francisco 49ers in the Super Bowl LVIII over the weekend.

After a viral Facebook post, Channel 10 visited our school and interviewed some of our staff and students. A story was featured on Monday night's news.

Congratulations Mitch, the South Thornlie Primary School community is very proud of your achievements!



NOONGAR WORD OF THE WEEK

Our students have been learning an Aboriginal word from the Noongar Language each week to celebrate Aboriginal Culture. The Noongar Language is the spoken language of the Aboriginal people from the Southwest region of WA.

As part of our word of the week, each newsletter will feature words of the fortnight which you can practice at home. The words we will be learning this fortnight are:

- Kaya (hello/yes)
- Boodja (country)



HEALTHY HABITS



Sun Smart Tips - Remember that UV can penetrate water up to 50cm, so don't be fooled by thinking you are protected in the water. Remember to apply sunscreen 20 minutes before going for a swim.

Crunch&Sip - Did you know our school is a Crunch&Sip® school?

What does this mean?

Crunch&Sip® is a break that encourages kids to reach for vegies, fruits, and water to refuel in the classroom.

We ask parents and carers to please send children to school each day with an extra serve of vegetables or fruit to eat in the classrooms, and a clean bottle filled with water.

For more information visit our @crunchandsipbreak website here: <https://bit.ly/CSparent>

Marieka Rendall
Teacher / Coordinator

Supporting Crunch&Sip®

Be a role model
Let your children see you regularly eating and enjoying vegies and fruits, and drinking lots of water. Children are influenced by family eating habits.

Buy in season
If it's grown locally and on special it's probably in season. Seasonal vegetables and fruits are cheaper, fresher, taste great and will last longer in the fridge or fruit bowl.

Encourage a variety of vegetables and fruits
Take your children shopping and allow them to choose which vegetables and fruits they will take to school.

Kids in the kitchen
Children of all ages can get involved! Younger children can tear up lettuce, while older children can prepare ingredients or serve up the final meal. They'll learn to cook, and are more likely to try food that they've helped to create.

Plant a veggie garden with your kids
Children who are involved in the growing process are more likely to try new vegetables. Start with quick and easy to grow vegetables like radishes or salad greens. If you don't have a lot of space, pot plants are a great option.

For more information and tips on healthy eating visit crunchandsip.com.au.

Crunch&Sip®
Information for parents

What is Crunch&Sip®?
Crunch&Sip® is a time during the school day for children to re-fuel with vegetables or fruit and rehydrate by drinking water in the classroom.

Why Crunch&Sip®?
Many children do not eat the recommended serves of fruit and vegetables. Vegetable consumption is particularly low, with recent government research revealing that only 6% of Australian children eat enough. Crunch&Sip® is the perfect opportunity to eat extra serves of these foods essential to good health. Children who don't drink enough water during the day can become dehydrated, irritable, experience headaches and may have difficulty concentrating in class. Schools implementing the Crunch&Sip® program allow each child to have a water bottle in the classroom to sip on throughout the day.

How to participate in Crunch&Sip®
Please send children to school each day with:

- an extra serve of vegetables or fruit to eat in the classroom
- a clean bottle filled with water

The vegetables and fruit provided for Crunch&Sip® should be in addition to those already included in the lunchbox.

Crunch&Sip® © State of Western Australia 2021. reproduced with permission

STUDENT LEADERS

Nick Vujicic was born on the 4th of December 1982. He was born with a disability which caused him to have no legs or arms, which made his life a lot harder, but he never gave up and that is why I think he is a leader.

He is an Australian man, who grew up in Melbourne but in his childhood, he experienced a lot of bullying because of his difference in the way he looked.

When he was older, he had learnt not to let his disability get in the way of his life, so he got out there and went to reach his full potential and now he is surfing and swimming, he has had 4 children and got married to Kanae Migahara.

So far in his lifetime he has written books, starred in a movie named 'The Butterfly Circus' and given public speeches to kids to try and stop bullying and to encourage kids to reach for their goals because they can achieve anything they set out to achieve.

Why does he inspire us?

He inspires us because even though he has a disability that caused him to have no arms or legs he still does just as much as everyone else in the world.

He inspires us because he has achieved more in his life so far than what anyone would achieve in their whole life.

He inspires us because he is such a positive man who will never give up even when times are hard and he spreads a positive message to everyone to stop bullying.

Hunter Dickson & Nicolette Thackray Symons

Blue Roos Faction Captains



ITALIAN NEWS

Salve a tutti, Mi chiamo Signora Wills.

Hello to all, my name is Mrs Wills and I teach Italian at South Thornlie Primary School.

Languages are taught in all public schools in W.A. Every student in Years 3 to 6 learns a language.

As part of the culturally diverse nature of Australian society, Italian is one of the major community languages and we are proud to offer Italian as our Language Other Than English (LOTE) program at South Thornlie.

The Italian program is a 50 minute weekly lesson. The language is introduced through a general theme and reinforced through songs, games, repetition of teacher-modelled language and a range of aural, oral and written tasks.

'Un linguaggio diverso è una diversa visione della vita.' Federico Fellini

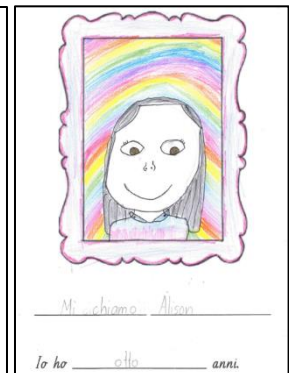
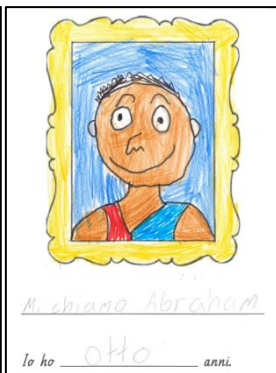
'A different language is a different vision for life.'



See below some wonderful work students have been doing in Italian.

Saluti da

Signora Wills
Italian Teacher



SCIENCE NEWS

I hope that everyone got to do lots of exploring during the holidays. The students in Year 1 to Year 6 all come to the science room for at least an hour each week. We have lots of fun exploring and finding out about how the world around us works.

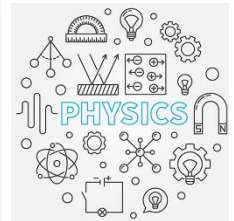
We have just got two new blue yabbies in our tank. Ask your child about our skeletons, Mr Funny Bones and Miss Junior Bones - they have a habit of changing on us!

This term we are learning about physics. Physics is all about forces and the effects that they have on things. It includes pushes and pulls, sinking and floating, sound, light, heat, magnetism, friction, electricity and motion. The different classes are learning different aspects from this list. We have discovered that we use physics all the time, especially when we are doing sport or music. Ask your child why these subjects are really actually physics! Talk with your child and look at how often we use physics in our daily lives.

We have already had lots of fun seeing what forces toys need to get them to move, how electrical circuits work and the forces acting on balloons.

Have fun exploring!

Larissa Waghorn
Science Teacher



PHYSICAL EDUCATION NEWS

CAN YOU HELP?

Summer Carnival Help Needed

This term we will be having our annual summer sports carnival on Friday, 22 March 2024 for students in Years 5 and 6. If you are available to support our teachers to help coach, train or assist on the day, please let me know as soon as possible. Particularly with volleyball and softball.

Colour Run – Save the Date!

The Colour Run is coming! We have booked this exciting event for Friday, 19 April from 1pm (first week back in Term 2). We will send more information home soon, but we can confirm this date is locked in. The average temperature is looking to be around 27 degrees, so here's hoping for perfect weather.

Volunteers are always welcome. If you would like to help on the day, with the colours or with students, I'll be seeking helpers closer to the event.

Running Club

This returns in week 2, term 2. More information, including days and times will be provided closer.

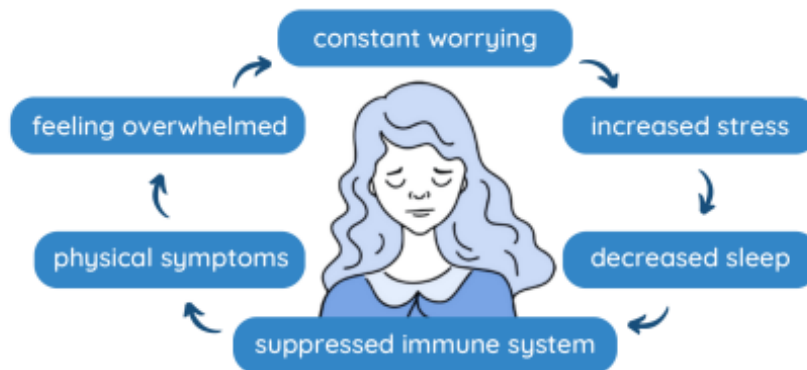
Chris Mattock
PE Teacher



POSITIVE RELATIONSHIPS

Teach Your Child to Turn Their Worry Into “I Wonder”

Occasional worry is okay. But when **worrying becomes a habit**, it can have serious health effects on your child.



Break the cycle by helping your child turn their worry into “I wonder”:

Worry	Wonder
“I will be embarrassed if I screw this up.”	→ “I wonder what will happen if I try this and give it my best!”
“I won’t know anyone and will have no one to talk to.”	→ “I wonder if I can make some new friends if I go.”
“This is going to be too hard for me.”	→ “I wonder if this will help me learn a new skill!”
“I don’t want to ask a question because I feel stupid for not knowing this.”	→ “I wonder if others have the same question as I do. They would be thankful I asked.”
“I won’t have any friends in the new school.”	→ “I wonder how many kids like the same game as I do.”
“I’m just not good at anything.”	→ “I know everyone has unique talents. I wonder what mine are.”

When your child learns to turn their worries into “I wonder” ...
...their mental and physical health improves, and they become more resilient.

P&C NEWS

Subway Lunch Day

Subway lunch was held this week and we had a total of 153 orders! Thank you to all who used this service. Our next Subway lunch day will be held on Wednesday, 6 March 2024 and will be open to students in Kindy B groups and Pre-Primary to Year 6.

The Disco is coming!

Disney disco notes will be coming home today. On them we ask parents if they are able to assist with either or both of the discos. If you can help, put down your details and we will get in contact with you to confirm you as a registered volunteer.



Annual General Meeting

Our AGM will be held on Thursday, 21 March 2024, we are looking for people who would like to play a role within the school. President, Vice-President, Secretary, and Treasurer positions will be open.



If you are willing to give it a try there will be heaps of support from the outgoing and current P&C members. We all want to work together to provide the students with the best possible resources, environment and opportunities to learn at South Thornlie Primary school.

If you would like more information on the roles available within the P&C, please contact us via Facebook: South Thornlie Parents and Citizens or by emailing stps.president@gmail.com

Nicole Paton
P&C President

EVERYDAY MATTERS PROGRAM

Everyday Matters, formerly known as Treasure Hunters, will once again be run during lunch times each Friday during the term in our Community Room. The amazing volunteers for Everyday Matters will be here commencing Friday, 23 February 2024 (week 4).

This program is offered to students in Years 1-6. Permission forms are required to be completed prior to students attending. Students can obtain one from the office or from one of the friendly team members during a Friday session.

More information about the program can be found below.

The flyer features a blue background with colorful abstract shapes. It includes the YouthCARE logo, a cloud icon, and the text 'words matter', 'friends matter', and 'thoughts matter' in various colors. Below this is the phrase 'YOU MATTER' in large white letters with green accents. The program title 'Everyday Matters' is in large blue font, followed by 'a fun lunchtime program' in pink. A list of activities includes Games, Activities, Craft, and Bible Stories. Two green buttons at the bottom provide details on the day, place, and time, and where to pick up permission slips.

words matter
friends matter
thoughts matter

YouthCARE = **YOU MATTER** =


Everyday Matters
a fun lunchtime program

Games Activities Craft Bible Stories

Day, Place & Time: Friday lunchtimes in the community room

Pick up your permission slip here: Front office or from the team

COMMUNITY NEWS



Keeping Kids in Mind

South East Metro Parenting Support Service

For Parents experiencing conflict after separation

5-Session Workshop

Workshop Overview

Parents love their children and want the best for them. However, after separation, parenting often gets much tougher.

Keeping Kids in Mind is a 5-week course for separated parents who are experiencing on-going conflict. The course is designed to:

- assist parents to see through their children's eyes the experience of parental separation.
- develop greater understanding about how to support children following family separation

The course covers the following topics:

- Grief and Loss after Separation
- The Hidden World of Children
- Rebuilding Resilience
- Bridging the Gap
- Looking Back and Moving Forward

Each participant must register their interest in attending the course and participate in a pre-group interview prior to the course.

BOOKING DETAILS

📞 08 9251 5777

✉️ parenting@communicare.org.au

🌐 <https://www.trybooking.com/CNMTU>

DATES

📅 Thursdays
22 Feb - 21 Mar 2024

TIME

🕒 9.30am - 11.30am

LOCATION



📍 Communicare
28 Cecil Avenue
Cannington

COST

💰 Free

CRECHE

👶 Yes - bookings essential.



Raising Children in a Digital World

South East Metro Parenting Support Services

For Parents and Carers of Children 4-12 years

1-session Program

Workshop Overview

Participants will learn strategies to help manage technology in the home, keep children safe and support their children living in this digital world, including how to best use technology to enhance their child's development, rather than detract from it.

BOOKING DETAILS

📞 08 9251 5777

✉️ parenting@communicare.org.au

🌐 <https://www.trybooking.com/CNIEX>

DATES

📅 Wednesday
28 February 2024

TIME

🕒 9.30am - 12.00pm

LOCATION

📍 Riverton Library
67 Riley Road
Riverton

COST

💰 Free

CRECHE

👶 Yes-bookings essential!







Love Languages of Children



Bookings
are
essential

Creche
available

Each child expresses and receives love through one of five different communication styles. This introductory course assists parents and caregivers to discover their child's primary language and provides skills in conveying unconditional feelings of respect and affection.

Based on 'The Five Love Languages of Children' by Gary Chapman and Ross Campbell MD

(For parents of children aged 0 - 12 years – 1 session)

Date: Friday 1st March 2024

Time: 11:00pm – 12:30pm


Venue: Child and Parent Centre, 26 Brookman Ave, Langford

For more information please email:
CPCBrookman@parkerville.org.au




In partnership with





Kids and Anxiety

South East Metro Parenting Support Service

For Parents and Carers of Children 4-12 years

1-session

Workshop Overview

Whilst some feelings of anxiety can be a normal part of a child's development, an increasing number of children are experiencing higher levels of anxiety that are impacting on their everyday life.

This workshop aims to assist parents and carers to understand anxiety and will provide simple strategies to use at home.

BOOKING DETAILS

📞 08 9251 5777

✉️ parenting@communicare.org.au

🌐 <https://www.trybooking.com/CNIEF>

DATES

📅 Wednesday
6 March 2024

TIME

🕒 9.30am - 12.00pm

LOCATION

📍 Riverton Library
67 Riley Road
Riverton

COST

💰 Free

CRECHE

👶 Yes - bookings essential!

