



# South Thornlie Primary School

20 Ovens Road, Thornlie WA 6108 | (08) 9232 3600

Finalist - WA Education Award 2022 | Australian Education Awards 2023 | Susan Ryan Family Engagement 2023



Souththornlieps



South Thornlie Primary School



www.souththornlieps.wa.edu.au

Newsletter: Term 1, Week 5

Friday, 1 March 2024

## Term 4 Planner

WK	Monday	Tuesday	Wednesday	Thursday	Friday
6	<b>4 MAR</b>  <b>Labour Day Public Holiday</b>  <b>Students do not attend</b>	<b>5 MAR</b>  IMSS Flute lesson Y5 9.30-10am Y6 10-10.30am  Y3&4 Junior Robotics 2.30-3.45pm  	<b>6 MAR</b>  Senior Choir Practice 8-8.20am  P&C Disco ticket purchases due 9am  Y1&2 Talent Show Auditions 1pm Library  P&C Subway Lunch Day Kindy B-Y6  Lego Club 2.30-3.30pm Community Room	<b>7 MAR</b>  Ukulele Group 8-8.20am  IMSS Brass Lesson Y5 1.30-2pm Y6 2-2.30pm	<b>8 MAR</b>  C3 Assembly 8.30am  IMSS Guitar Lesson Y5 9.50-10.20am Y6 10.50-11.20am  P&C School Disco K-Y2 4pm-5pm Y3-6 5.15pm-6.15pm
7	<b>11 MAR</b>  Principal's Morning Tea  Pizza orders due 9am  Y3&4 Talent Show Auditions 1pm Library	<b>12 MAR</b>  IMSS Flute lesson Y5 9.30-10am Y6 10-10.30am  Y3&4 Junior Robotics Club 2.30-3.45pm Science Room	<b>13 MAR</b>  Y3&5 NAPLAN  Senior Choir Practice 8- 8.20am	<b>14 MAR</b>  Y3&5 NAPLAN  Ukulele Group 8-8.20am  Pizza Day K-Y6  ISMS Brass Lesson Y5 1.30-2pm Y6 2-2.30pm	<b>15 MAR</b>  Y3&5 NAPLAN  IMSS Guitar Lesson Y5 9.50-10.20am Y6 10.50-11.20am

## Principal's Message

Dear parents and caregivers, welcome to the week 5 newsletter edition. We are excited to announce that we will be holding our first ever Colour Fun Run! This whole school event will be held on **Friday, 19 April 2024** on our school oval. We will be raising much needed funds in the lead up to our event which will help with upgrading playgrounds, courts, and technology at South Thornlie Primary School. We have a target of \$15,000, so we're asking all families to support this great day and pitch in! Head to [www.funrun.com.au](http://www.funrun.com.au) to set up an online profile.



Every student who raises \$10 or more is eligible for some great prizes. Mr Mattock will be giving away icy poles to the class with the most profiles by Tuesday, 5 March 2024. Information has been sent home with students this week. More details will be available closer to the date. We looking forward to hosting this big event next term.

## Staff News



We wish to congratulate three of our teachers who are expecting their first baby! Chantelle Murray commenced maternity leave this week, Chantelle Ruffino will commence maternity leave in week 8 and Stephanie Mathys will finish the term and commence maternity leave from Term 2. We wish them all the very best as they start this very special journey into parenthood.

## School Photos – Save the Date

This year, school photos will take place in Term 2 on Tuesday, 23 and Wednesday, 24 April 2024 (week 2). More information will be sent home with students in the coming weeks.



## School Improvements

We are always looking for ways to improve our school for students, staff and the wider community. Our much anticipated electronic sign was installed this week. We can't wait to start using it! Keep an eye out for school notices. To view our school improvements, visit our website by clicking on the link below.

<https://www.souththornlieps.wa.edu.au/school-improvements>

## New Health and Safety Induction Requirements for all Visitors

Commencing Term 1, 2024, the Work Health and Safety Act 2020 (WA) identifies volunteers as 'workers'. All visitors, volunteers, contractors etc. are required to complete a health and safety induction when attending the school site. By scanning a QR code when signing in, you will be made aware of our emergency and evacuation, first aid, and safety procedures while you are on site. This requirement is only done once in every 12 month period. Our admin staff will guide you through the process. We thank you for your cooperation.



## School Board Vacancy

We currently have a parent representative vacancy on our School Board. If you are interested, we would love to hear from you. Please contact the office on 9232 3600. More information can be found on page #4

## Principal's Morning Tea

Congratulations to the students who were selected for the Principal's Morning Tea held on Wednesday last week. Thank you for your hard work, dedication to learning and being an all round positive class member. Well done!

## Aussie of the Month

Our Year 6 Aussie of the Month Award went to Scarlett W in C5. Congratulations!

## Values

Our week 4 raffle winner was Harmony B from B5. Well done!



## Megan Barnett

Principal

## Week 4 Honour Certificates Awarded –Well done!

ECC1	Imogen J	Kenny H	B3	Ngaire O	
ECC2	Jameson C	Arrow W	B4	Charlotte T	Aaliaa A
A1	Vinica L	Araelia A	B5	Hassan J	Nate
A3	David B	Khyle M	C2	Diana P	Ceanna L
A4	Mia C	Kash D	C3	Mitchell N	Riot M
A5	Allen A	Johann L	C4	Isabella E	Jace W
A6	Braxton W	Ella F	C5	Tiana S	Jaxdyn W
B1	Jamie D	Alex R	Music	Jett J – C3	Noctis R – A4
B2	Ava-Leigh N	Zakir A			

## BOOK CLUB NEWS

The latest catalogue has been distributed to students. Orders are due no later than Wednesday, 13 March 2024 (week 7). Order via loop or correct cash. Cash orders can be placed in the metal box outside the science room door.



**Volunteer Needed** - We are seeking a dedicated volunteer to assist with our book club orders. No experience necessary! If you can help twice each term to sort and deliver orders to classes, we would love to hear from you. Please contact the office if you can help on 92323600.

**Larissa Waghorn**  
Book Club Coordinator



## NOONGAR WORD OF THE WEEK

Our students have been learning an Aboriginal word from the Noongar Language each week to celebrate Aboriginal Culture. The Noongar Language is the spoken language of the Aboriginal people from the Southwest region of WA.

As part of our word of the week, each newsletter will feature words of the fortnight which you can practice at home. The words we will be learning this fortnight are:

- Djakoorliny (running)
- Djiba-djobaliny (swimming)



## HEALTHY HABITS

### Sun Smart Tips

There is no such thing as wind burn! Wind may dry your skin but it will not burn it. Remember to Slip! Slop! Slap! Seek! Slide! when the UV Index is 3 or above.

### Crunch&Sip

Did you know our bodies are made up of 50-70% water? That is why it is important to pack water every day for your children to keep them hydrated. When children become dehydrated, they can find it difficult to concentrate, develop headaches, and become irritable.

For more information about how much water children should be drinking and tips on getting more into their day, visit our @crunchandsipbreak website here: <https://bit.ly/CShydrate>

**Marieka Rendall**  
Teacher / Coordinator



### Healthy breakfasts

While most children and teenagers in Western Australia eat breakfast every day, 1 in 7 school kids\* are regularly missing out.

**Benefits of breakfast**

- Fuels muscles
- Powers the brain for concentration
- Provides nutrients for growth and development
- Increased energy and motivation
- Builds good habits

**Healthy breakfast ideas**

	Eggs on wholegrain toast		Fruit and yoghurt
	Fruit toast		Wholegrain toast with baked beans
	Porridge or Weet-Bix with milk and fruit		Mushroom and spinach omelette

Smoothies are a great choice when you are on the run. Just blitz some fruit, yoghurt and milk in a blender, pour into a reusable travel cup, rinse out the blender, and you are ready to go! A jug of this will keep in the fridge for several days.

\*Australian Bureau of Statistics, CensusAtSchool, 2013. [www.abs.gov.au](http://www.abs.gov.au)

Crunch&Sip® factsheet #6

Crunch&Sip®

## CLASS NEWS

### ECC1 Biscuit Decorating

Here are some pictures of students from ECC1 decorating their own biscuits in the cooking room. The students initially designed what they wanted their biscuit to look like and then proceeded to create it. They have done an amazing job!

**Janhwi Tiwari**  
ECC1 Teacher



### B4 Portraits

B4 students were tasked with creating a 'real me' portrait. This involved sketching a self-portrait in pencil first, with a focus on including realistic looking features, and then fine lining it before colouring it in with coloured pencils. Students then filled the part underneath their head (where the folded flap is) with all of the things that make them who they are, such as their hobbies, likes, and interests. They then stuck their completed portraits onto colourful backgrounds which they painted themselves.

You can see some of their wonderful work below. Well done!

**Tegan Compson**  
B4 Teacher





## SOUTH THORNLIE PRIMARY SCHOOL BOARD PARENT REPRESENTATIVE NOMINATION

Dear Parents / Caregivers

South Thornlie Primary School is seeking a parent / caregiver committed to children’s education to nominate for a two year position on the School Board. All parents or primary carers of students who are enrolled at South Thornlie Primary School are eligible to nominate.

The School Board operates in accordance with the *Schools Education Act 1999* and Parent Representatives are required to be formally elected to the Board. Our School Board comprises of the following members: 1 Principal, 4 school staff members, 7 parents/caregivers and 3 community representatives.

### **The School Board has one vacant position.**

### **Nominations for the position of Parent Representative will close on Friday, 8 March 2024.**

Nominations should be sealed in an envelope and addressed to the Principal, Megan Barnett. Alternatively, forms can be emailed to: [Megan.Barnett@education.wa.edu.au](mailto:Megan.Barnett@education.wa.edu.au)

Nominees please note, should more nominations be received than the number of vacant positions, a vote by the parent body will be undertaken. Persons wishing to nominate are asked to read the School Board Terms of Reference and Code of Conduct (available on the school website: [www.souththornlieps.wa.edu.au](http://www.souththornlieps.wa.edu.au)) as well as completing the attached nomination form below. Late or incomplete nominations cannot be accepted.

The School Board meets twice per term on Tuesday afternoons at 2.45pm in weeks 4 and 8. Meetings are held in the school library and usually last between 1-1.5 hours.

The responsibilities of the School Board are outlined below.

#### **The School Board participates in:**

- endorsing the school budget, annual reports and the Statement of Expectations;
- reviews school performance and progress towards business plan targets;
- processes to determine satisfaction levels of parents, staff and students;
- the Department of Education Services (DES) independent review;
- communicating with the broader school community regarding the Board’s function and activities.

#### **The School Board takes part in:**

- establishing and reviewing school performance, the school’s objectives, priorities and general policy directions;
- planning financial arrangements necessary to fund objectives, priorities and directions.

#### **The School Board approves:**

- an annual contribution and charges schedule, inclusive of incursion and excursion costs, and booklist item requirements;
- an agreement or arrangement for advertising or sponsorship in relation to a government school.

#### **The School Board promotes:**

- the school in the community.

Should you wish to discuss the role further or ask any questions, please feel free to contact me by email [Megan.Barnett@education.wa.edu.au](mailto:Megan.Barnett@education.wa.edu.au)

Yours sincerely

Megan Barnett  
Principal

### **South Thornlie Primary School Board Parent Representative Nomination Form**

I wish to nominate for a position on the South Thornlie Primary School Board in the category of Parent Representative. The completed nomination form below is submitted to the Board. I declare that I have read and understood the ‘School Board Terms of Reference’ as well as the ‘Code of Conduct’ for the South Thornlie Primary Independent Public School Board and agree to abide by them.

Parent / Caregiver Name:	
Contact Number:	
Signature:	Date:

POSITIVE RELATIONSHIPS



How can I help my  
child **SUCCEED** in  
school?

Stay involved and feel free to contact your child's teacher with any questions or concerns.

Ask your children about school and encourage them to talk about their day.

Do not talk negatively about your child's teacher or school.

Read with your child every night.

Make sure your child is getting plenty of sleep and is ready for school each day.

Help your child with his/her homework every night.

Teach your children to be responsible for their actions and their schoolwork.

[fun-in-first.blogspot.com](http://fun-in-first.blogspot.com)

### DONATION THANK YOU

We have been very fortunate to receive a donation of children's stationery sets from Mr Jeffrey Dong and his family. Thank you for your kind donation.



*thank  
you*

### COMMUNITY NEWS

**THORNIE JUNIOR  
FOOTBALL CLUB**



# AUSKICK

## HAVE-A-GO DAY

**WED 6 MARCH | 5PM -6PM**

**THORNIE FOOTBALL & SPORTS CLUB**

Drills & skills  
Pre-purchase merch  
Meet some Year 11/12 players  
Sign up!

*Pre-Primary to Year 2*



# Bringing up Great Kids

## South East Metro Parenting Support Services

For parents and carers of children 0-10 years

### 6-Session Workshop

#### Workshop Overview

The Bringing Up Great Kids (BuGK) program is built on the understanding that parents need good support to be the kind of parents they aspire to be. It recognises the significant challenges faced by parents and provides self-care strategies for them. It also helps parents understand that there is no perfect recipe for raising great kids!

The program promotes respectful interactions and encourages the development of children's positive self-identity.

BUGK is fun, interactive and guilt-free. It gives parents practical help to understand the emotional development of their children, develop attentive communication skills with them, and enjoy the two-way learning journey of parenthood.

It is recommended that parents are able to attend all 5 sessions.

#### BOOKING DETAILS

📞 08 9251 5777

✉ [parenting@communicare.org.au](mailto:parenting@communicare.org.au)

📄 <https://www.trybooking.com/CNVYC>



#### DATES

Tuesdays

20 Feb -26 Mar 2024



#### TIME

12.30pm - 2.30pm



#### LOCATION

Armadale Community  
Family Centre  
101 Challis Road  
Seville Grove



#### COST

Free



#### CRECHE

Yes - bookings essential.

Supported by





## NOW YOU'RE A DAD

FREE 3 WEEK ONLINE PROGRAM FOR NEW DADS LOOKING FOR TIPS AND INFORMATION

This 3 week online program for new dads (and father figures) will discuss the important role of fathers and provide strategies and tips to support your child's development. All sessions will be facilitated by a DadsWA fathering worker and a Ngala Child Health Nurse. This is a great chance to increase your parenting skills and talk with other new dads.

### WOULD YOU LIKE TO DISCUSS

- Strategies to assist father-child bonding
- Ways to support your child's brain development
- Tips for establishing healthy sleep and diet patterns
- Why fathers need to take care of themselves as well as their family.
- The importance of being part of a parenting team

**Where:** Online via Teams.  
**When:** Wed 13, 20 & 27 March 2024  
6.30-8.00pm  
**Cost:** FREE  
**Book online:** [www.ngala.com.au](http://www.ngala.com.au) or scan QR code  
**Phone:** 9368 9379 or  
**Email:** [DadsWA@ngala.com.au](mailto:DadsWA@ngala.com.au)



 ngala.





# Dads Tuning Into Kids Training

Dads Tuning into Kids (DTIK) is a father friendly modification of the Tuning into Kids parenting program. Join The Fathering Project for this flexible 4-week program offered both online and in-person.

#### Session 1: Online

- Fathers and Child Development
- Emotion coaching: Raising an emotionally intelligent child

#### Session 2: In-person

- Understanding your child's emotional experience
- Understanding your child's fears and worries

#### Session 3: Online

- Emotion coaching sadness and anger
- Challenging behaviour and sibling conflict

#### Session 4: In-person

- Fine-tuning and takeaways



**Date:** Tuesdays 27<sup>th</sup> February; 5<sup>th</sup>, 12<sup>th</sup> & 19<sup>th</sup> March

**Time:** 6:00pm to 7:30pm

**Venue:** Child and Parent Centre – Gosnells  
173 Hicks Street, Gosnells (access via gate in Clara Street)

**Register:** BOOKINGS ARE ESSENTIAL  
Call **9398 8720** or email [cpcgosnells@centrecare.com.au](mailto:cpcgosnells@centrecare.com.au)

**FREE**

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Changing Children's Lives

In partnership with





# Kids and Anxiety

South East Metro Parenting Support Service

## For Parents and Carers of Children 4-12 years

### 1-session

#### Workshop Overview

Whilst some feelings of anxiety can be a normal part of a child's development, an increasing number of children are experiencing higher levels of anxiety that are impacting on their everyday life.

This workshop aims to assist parents and carers to understand anxiety and will provide simple strategies to use at home.



#### DATES

Wednesday  
6 March 2024



#### TIME

9.30am - 12.00pm



#### LOCATION

Riverton Library  
67 Riley Road  
Riverton



#### COST

Free



#### CRECHE

Yes - bookings essential!

#### BOOKING DETAILS



08 9251 5777



parenting@communicare.org.au



<https://www.trybooking.com/CNIFF>



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